

Stacy Fisher-Gunn



Hello

I am an experienced dietitian who believes that inspired people with a positive attitude can accomplish amazing things. I hope to find a challenging role where I can have a positive impact on the health and wellness of my community.

Registered Dietitian/Nutritionist
Certified Diabetes Educator



25643 SE Tiger Mountain Road, Issaquah, WA 98027



425.324.1439



stacy@livingupp.com



STRENGTHS AND SKILLS

- Leadership
- Team Building
- Engagement
- Event Planning
- Wellness Program Design
- Behavior Change
- Motivational Interviewing
- Health Coaching
- Client Relationships
- Account Development
- Nutritional Assessment
- Health Education



TRAINING

- Permaculture Design Certification 2015
- Level 2 Certificate of Training in Adult Weight Management 2014
- Certified Diabetes Educator 2011
- Level 1 Certificate of Training in Adult Weight Management 2003
- Registered Dietitian/Nutritionist 2000



EDUCATION

- B.S. Nutrition and Dietetics 1999
Kent State University



AWARDS AND RECOGNITION

- F. Ann Gallagher Award 2011
- Recognized Young Dietitian of the Year 2004



MEMBERSHIPS

- Academy of Nutrition and Dietetics
- Hunger and Environmental Nutrition DPG
- Dietitians in Integrative & Functional Medicine DPG
- Food and Culinary Professionals DPG
- American Association of Diabetes Educators



REFERENCES

Available upon request



PROFESSIONAL EXPERIENCE

Founder 2015 – PRESENT

Living Upp, LLC – Issaquah, WA

- Founder, Self-care Consultant and Author

On-site Health Coaching Manager 2012 – 2015

WebMD | The Boeing Company – Seattle, WA

- Successfully united a decentralized on-site health coaching team for Boeing's corporate wellness program, expanding the program from 5 to 11 coaches in the first 18 months
- Built solid client relationships and collaborated with multiple vendors and stakeholders to create mutually beneficial working relationships
- Retained key talent by creating a positive work environment and delegating to team strengths

On-site Health Coach 2011 – 2012

WebMD | Dell, Inc. – Round Rock, TX

- Established key program metrics and developed an outcomes data collection system to demonstrate program success
- Facilitated health coaching sessions, classes, and webinars

President and CEO 2007 – 2012

Personal Nutrition, Inc. – Austin, TX

- Owned and operated a nutrition therapy consulting company
- Partnered with the Austin Farmers' Market and Sustainable Food Center to provide cooking demonstrations and education
- Founded and coordinated events for the Suppositions Tasting Club

Consultant Dietitian 2006 – 2007

Kindred Healthcare – Cambridge, OH

- Conducted comprehensive nutritional assessments of nursing home residents and monitored regulatory compliance

Consultant Dietitian 2000 – 2006

Dietary Solutions – Columbus, OH

- Provided nutrition consulting services to over 50 long-term care facilities



VOLUNTEER EXPERIENCE

- Garden Volunteer | Seattle Tilth | Seattle, WA
- Community Dietitian | Project Access | Austin, TX
- American Cancer Society, Relay for Life Survivor Chair | Austin, TX
- Texas Public Health Coalition Representative for the Texas Dietetic Association | Austin, TX
- Lobbyist Selection Committee Chair for the Texas Dietetic Association | TX
- Public Policy Coordinator and Licensure Chair for the Texas Dietetic Association | Austin, TX
- State Policy Representative at the Ohio Dietetic Association | Columbus, OH